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# Parent Bulletin - Friday 1st May 2020



## Message from the Head of School

Dear Parents and Carers

I hope everyone is keeping well with no clear end date for lockdown things may be starting to feel without end. I do, however, feel positive. I feel positive that we will be able to get back to some sort of normality in the near future and positive that we will emerge from this crisis stronger for it, both individually and collectively. Communities have worked together to support each other; people have learnt to adapt to new ways of working and communicating and these skills of adaptability are useful for us all.

You will be aware that Mentors have been making contact with your children, and class teachers have been setting work for their students. Please help us to support your child by encouraging them to regularly check the DPR, Google Classroom and their emails. There are lots of resources available to you and your child to help with online safety, general wellbeing and access to free online reading books. These are all part of this bulletin. Please make use of these resources and remember that we are available if you have any questions or require support.

Best wishes, stay safe and well

**Sarah Morgan - Head of School**

## Messages from Heads of Years

### Year 7

Hello Year 7,

I hope you and your families have all been well.

In this term, we will be sending you a weekly safeguarding resource. The themes of the resources will mainly be keeping safe online.

This week the theme is, cyberbullying. I have uploaded a presentation on Google Classroom for you to look at and work through with your Parent, Carer, or adult living in your household. The Google Classroom name is Year 7 and the code to access this is 2zpvlut (exactly as it is written here).

You can also find the link to the presentation here

[https://docs.google.com/presentation/d/17tLoH2EIPd4\\_duRc3q87\\_Fa9QxJc5pHf5MU4VLq0-e8/edit#slide=id.p1](https://docs.google.com/presentation/d/17tLoH2EIPd4_duRc3q87_Fa9QxJc5pHf5MU4VLq0-e8/edit#slide=id.p1)

We hope you are staying safe at this strange time and hopefully it won't be long until we are back in school!

Take care

**Year 7 Team**



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## Year 8

Hello year 8 parents. I hope you are well and staying safe. We can not wait for our year 8s to return to school, whilst you are at home can you please liaise with your children regarding staying safe online.

I have set up a year 8 classroom on google classroom class code ya4a7s3.

We understand that you are probably spending a lot more time online than you normally would now that school's are closed and we want you to remain safe. Please look at the information provided and also watch this handy video with your children from Rochelle and Marvin Humes.

<https://www.youtube.com/watch?v=cTxEiNMCKBU>

Stay safe

**Year 8 Team**

## Learning

### Home Learning Check-ins

Parents/Carers,

Thanks for your ongoing support, and for encouraging your child to engage with the weekly Home Learning Resources and Welfare communications that are being monitored by your child's teachers and form tutor.

It is important that you and your child respond to the school's emails and phone calls, as we want to remain in frequent contact with all our families. Please inform us if you have changed any of your contact details (phone numbers, email address or home address). Please call us on **0207 5400 400** or email us at [info@eastlea.newham.sch.uk](mailto:info@eastlea.newham.sch.uk), and remember to include your child's full name and year group in the phone call, voicemail or email.

Your child's tutor will be in touch, primarily through weekly emails, to find out the following information about your child.

- How is your child doing?
- What have they been doing at home?
- Are they reading for 20 minutes every day?
- Are they getting their home learning done?
- Is there anything they would like their tutor to do to help them?
- Congratulate your child for receiving achievement points for engagement with the home learning resources, and encourage them if they have not yet engaged.

**Richard Skyers -Deputy Head**



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### How to Access Google Classroom

[Here is a guide to help your child access Google Classroom:](#)

### Accessing the DPR

[Here is a link to assist you when logging on to the DPR:](#)

### Log In to Google Email Instructions (for students)

[Here is a link to assist you when accessing student emails:](#)

### Accessing Google Classroom from personal devices

[Accessing Google Classroom from personal devices - not logged in with Eastlea account](#)

### If you don't have online access

If your child has difficulties accessing the home learning online please email [info@eastlea.newham.sch.uk](mailto:info@eastlea.newham.sch.uk) or let their Mentor know and we will arrange for a paper copy of a home learning pack to be printed and sent Home.

### Support for Parents

### Home Learning Help for Parents

As a school, we will continue to support you by responding to your questions regarding your child's learning. We also want you to know about StarLine which is a new home learning helpline that is free to parents and carers across the UK.

The team of professionals at StarLine will provide you with free, confidential advice that is available six days a week by phoning the StarLine team on 0330 313 9162.

For more information, visit [www.starline.org.uk](http://www.starline.org.uk) or follow @StarLineSupport on Twitter.

The team behind StarLine will also be broadcasting a weekly programme on YouTube. In each episode of StarLine, a guest presenter will share practical ideas for home learning. Further details can be found on the StarLine website. <https://www.starline.org.uk/>



## Parent Bulletin - Friday 1st May 2020



### Where can I go to get support to help keep my child safe online?

During the current school closures we know that young people are accessing more and more online whilst trying to keep in touch with friends and accessing their home learning. This does mean it is more important than ever to ensure that you have good online safety awareness and talk to your children about keeping safe online. There is a lot of support available to keep your child safe online. Below are some useful links to help parents and carers:

[Thinkuknow](#) (advice from the National Crime Agency to stay safe online)

[Internet matters](#) (support for parents and carers to keep their children safe online)

[Parent info](#) (support for parents and carers to keep their children safe online)

[LGfL](#) (support for parents and carers to keep their children safe online)

[Net-aware](#) (support for parents and carers from the NSPCC)

[We also want to share with you guidelines for keeping your child safe on the social network app called TikTok.](#)

### Mental Wellbeing

[The charity Young Minds have carried out the first survey investigating the impact of the Covid-19 pandemic on young people with mental health needs. Here is a link to the full report:](#)

This survey found that young people are deeply concerned about the health of their families, and about harming people around them by inadvertently spreading the virus. Some young people are worried about how their education and learning will be affected and the impact this could have on their university or career prospects. The survey also found that young people are missing face-to-face contact with friends as well as the routine and activities of school life.

This report is a useful way of finding out what your child might be feeling or thinking.

[Here is a link to a very short film about empathy and how it can create a feeling of connection which is calming:](#)

### Reading at Home

[You can get a wide range of free Kindle books from Amazon:](#)

[Audible at Amazon have made many eBooks completely free:](#)

### The News

[Newsround is a great free resource to help young people access the news:](#)



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## Healthy Eating and Family Friendly Indoor Activities

<https://www.nhs.uk/change4life>

## Health Care Needs

[Here are guidelines from the Royal College of Paediatrics and Child Health on what needs to be done if your child becomes unwell](#)

## Free School Meals

The government has stated that Children eligible for free school meals will benefit from a national voucher scheme allowing them to continue to access meals whilst they stay at home.

Schools can now provide every eligible child with a weekly shopping voucher worth £15 to spend at supermarkets while schools are closed due to coronavirus. The total value of vouchers available per eligible child per week exceeds the rate paid to schools for free school meals, recognising that families will not be buying food in bulk and may therefore incur higher costs.

The Department for Education has also published new [guidance](#) on free school meals to help schools and parents prepare.

If you have any further questions regarding eligibility please email [info@eastlea.newham.sch.uk](mailto:info@eastlea.newham.sch.uk). I regret that we won't be able to process any enquiries.

**Important!** For families to receive the voucher within the 24 hour turnaround time we will need an email address. We will be sending some families a text message asking them for their email addresses. You will be asked to respond to [info@eastlea.newham.sch.uk](mailto:info@eastlea.newham.sch.uk) with your child's name, year group and the parents email address.

## Voucher Update

The school has been working hard to get all the Free School Meal vouchers out to parents. Vouchers for Week beginning 20/04/2020 for parents with email address received the email with the redeem code on Saturday 25/04/2020. Please see here instructions on how to claim your voucher:

[Instructions for Free School Meal Voucher Claims](#)

Those families who needed the voucher posted have gone out this week.

As the government website takes longer to process the vouchers, the next vouchers you receive will cover the next four weeks from 27th April 2020 to 18th May 2020. Your voucher will total £60 (£15 for each week).

Kind Regards

Rebecca Gooby- SBM